



Experience of the Old in a Continent of Young...and Ageing

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Towards Population Ageing in Africa

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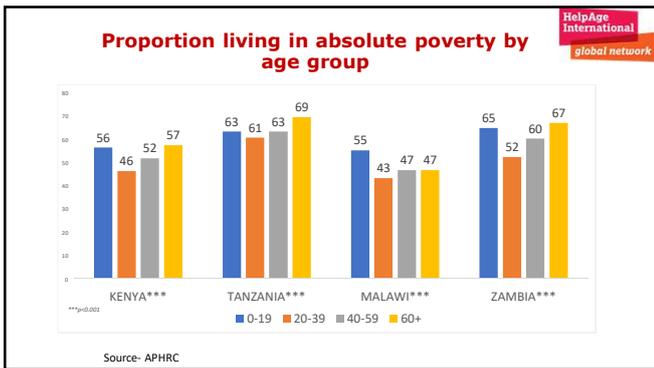
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Ageing matters

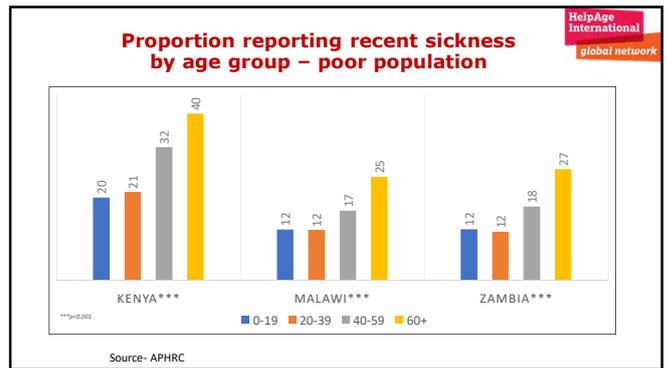
- Africa expected to see 4-fold increase in its older population by 2050
- Older persons contribute greatly to the wellbeing of their households
 - 40% of people living with HIV are cared for by older people, with each older carer supporting an average of two people living with HIV
- Older people make a significant – and severely underestimated - economic contribution
 - 41% of older people in Africa are active in the labour force
 - Majority of older workers are in the informal economy
- ILO recognizes that older workers are “especially vulnerable to the most serious decent work deficits in the informal economy”
- Specialized skills needed to cope with population ageing and also an opportunity (eg. skills and human resources necessary for Long Term Care needs)
- Need to recognise human rights of older people. Their capacities and vulnerabilities must be considered

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Social pensions in Africa



Introduction of social pensions in Africa:

- 1950: Mauritius
- 1979: Seychelles
- 1990s: Namibia | South Africa | Botswana
- 2000s: Lesotho | Swaziland | Cape Verde | Zambia (pilot) | Kenya (means-tested)
- 2011: Nigeria (pilot) | Uganda (pilot)
- 2016: Zanzibar (universal) | Uganda (expansion)
- 2018: Kenya (universal)

Other notable commitments:

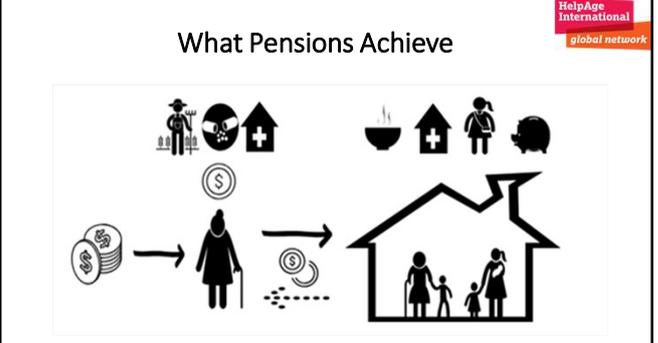
- Mozambique: new social security strategy – shift to categorical targeting based on life course risks
- Malawi: Recent Presidential announcement that Malawi would be working on a pension
- Zimbabwe: Initiating a feasibility study

Legend:
■ National schemes
■ Pilots or regional schemes

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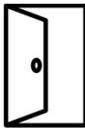
What Pensions Achieve



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Health Care and Older People



Access



Quality



Awareness



Data

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Link Between Social pensions and Access to Health Care

- Older people face **significant - and often prohibitive - financial barriers to accessing health services**, including transportation costs, paying for carer's support, fees required to receive treatment and the cost of medicine.
- Such costs can prevent older people from following through the **required referral pathways and accessing regular treatment for chronic conditions** and pose a significant dilemma for older people as they weight their health needs against other competing household need.
- Social protection can play an important role in **removing some of the demand-side barriers to healthcare for older people**, particularly those related to out-of-pocket expenses and transport costs
- HelpAge-led evaluations of the impacts of cash transfers or social pensions on older people in **Ethiopia, Mozambique, Tanzania, Zimbabwe, and Malawi** consistently find that older people use transfers to pay for transport to get to health facilities, consultation fees and treatment costs and prescriptions
- Older recipients of **Malawi's** social cash transfer report both **improved health status and better access to health care**



Cash transfers and older people's access to healthcare:
A multi-country study in Ethiopia, Mozambique, Tanzania and Zimbabwe

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Why an African Policy Maker is Unlikely to focus on Older People

Where are they? I haven't met/ heard a group of older people demanding on anything?

I need to focus on economic growth and investing on youth gives me that!

They are not the biggest population group that needs focus

Older People are cared for within communities and families anyway

Not much information on older people

Health is free for all in my country- Older People are covered!

I mean well for older people...but do they add value?

We have a department that is looking for older persons issues

Most development partners don't talk about Older Person's Issues

Are there CSOs working for older people?

We in Africa are not old like in other regions of the world

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Ageing in Africa - what can be done better

- Increasing understanding and capacity in ageing and rights of older people – Policy makers and older people
- Improving the availability of data and evidence
- Donors, governments, UN and other institutions to increase financial allocation on ageing development
- The national indicators to be fit for purpose and age inclusive
- Coordination and regular review of ageing and older people frameworks at all levels
- Sector and planning processes at all levels to make deliberate efforts to include older people and report on their progress and challenges.
- Increase the visibility and participation of organisations of older people
- Implementation of regional and international commitments around older men and women's rights

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The Economist

Farewell to the Arctic
The Trump tax plan
Tech offices: sofas and surveillance
Who is Emmanuel Macron?

How life ends

Death is inevitable.
A bad death is not

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