

Multi-stakeholder Forum

Investing on Healthy and Active Ageing for Sustainable Growth

A Regional Approach to Promoting Innovative
Long Term Care

Peh Kim Choo Ho Chih Minh City, Vietnam 18 August 2017

THE COMMUNITY FOR SUCCESSFUL AGEING Community for Successful Ageing A Tsao Foundation Initiative

An experiment in a ground up, community wide, multi-components, multi-systems approach to optimize on the longevity dividend of added years where older people can thrive.

The ComSA Component Programmes

Housing and Transport

Infrastructure and neighbourhood

- Long-term care facilities in 'stealth'
- Person-centred universal design
- Food, shopping and recreation
- Enabling technology

ComSA

Care System

Community Development through Self Care

- Community Assessment
- Self-care groups
- Mindset and cultural shift
- Capacity Building
- Outreach and engagement
- 'Community Family'

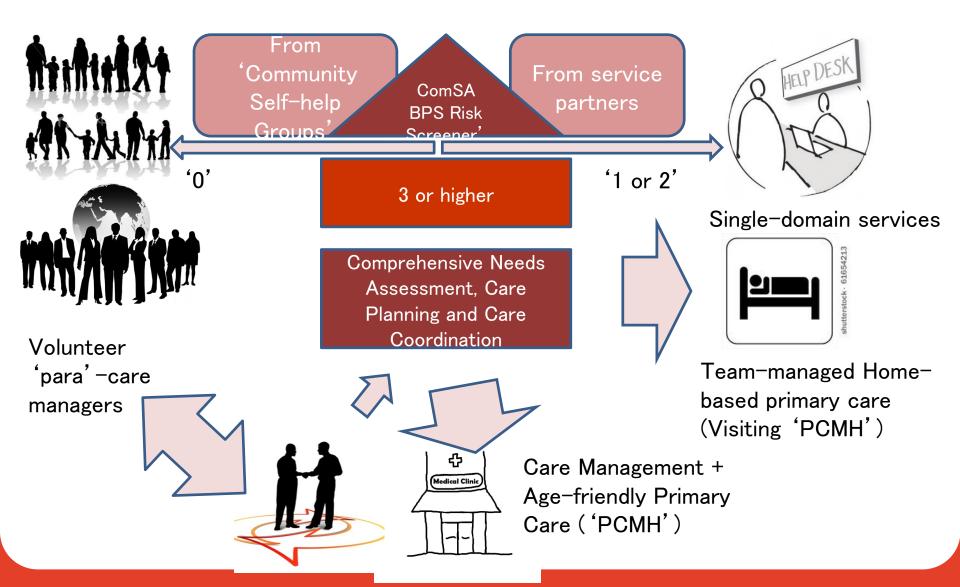
RiskScreener/RiskStratification

- 'PCMH''
- Service network
- Network of volunteers

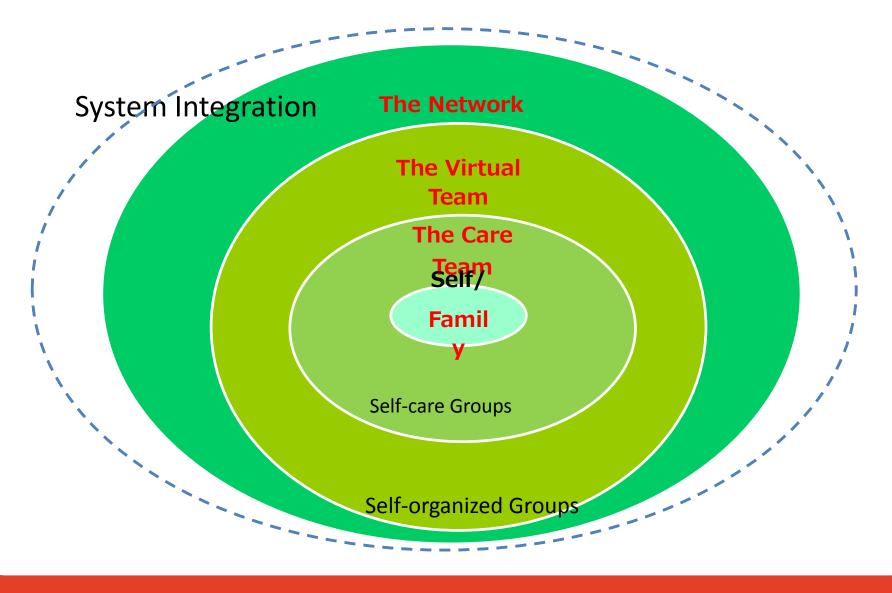
Evaluation

• 'Realist Approach': What works for whom and why.

THE BIOPSYCHOSOCIAL CARE-RESOURCE ALLOCATION



The Ecosystem and its Interface With ComSA





THANK YOU