The Essential Role of Community Systems for Long-Term Care Vichai Chokevivat M.D, MPH (Tulane USA) **President, Senior Citizen Council of Thailand** (SCCT) Ho Chi Minh City, Vietnam August 15, 2017

Background Thailand 66 mil. Population

2003 become Aged Society
2021 will be Complete-aged Society
Now 17+% Older Person (OP)

approx 11 mil
1.2 mil. need long term care

1982 1st National Plan for OP (1982-2000)
Now 2nd National Plan for OP(2001-2020)

established SCCT (by Dept. of Public Wefare) 1989 started monthly allowance (200 Baht) 1994 for vulnerable OP **National Health Promotion Foundation Act** 2001 National Health Security Act (UHC) 2002 **Older Person Act (Nat. OP Committee &** 2003 Nat. OP Fund) **National Saving Fund Act.** 2011

Under UHC Scheme (National Health Security Act 2002)

Started Local Health Fund 2005 1.1 USD / Person from NHSO 20-50% from local Govt. (matching fund) (now 1.3 US from NHSO) now > 7,500 Funds (> 95% of Local Govt) (Total Local Govt 7,755) **Started Rehabilitation Fund** 2009 (at Provincial Level) (cover 70%) (Budget from NHSO + Local Govt) 2015 Long Term Care Program 1st Budget 600 mil. Baht, (approx 18 mil USD) 2016 (Cover 10%) 900 mil Baht (approx 27 mil.USD) 2017

Training

Care Givers 24,698 (Target 10,000) Care Manager 2,598 (Taget 2,500)

Coverage of Long Term Care

 Subdistrict
 OP
 % Coverage (approx.)

 2016
 1752
 80,826
 8

 (Target 100,000)
 (Target 100,000)
 10

 2017 (June)
 2730
 99,822
 10

 (Target 150,000)
 10
 10

Challenges

- Policy acceptance
 - Reluctance of former Govt. to accept the Policy
 - Delay of Budget Allocation
 - Slowness in expansion of the program
- Policy implementation
 - Many bureaucratic red tapes
 - More focus on rules and regulations; not on the benefits of OPs

Lesson-Learned

- 1. Active Participation of Older Persons (SCCT) Both in Policy Development and Implementation
 - SCCT proposed for Monthly Allowance for vulnerable OP;
 now become Basic Pension (18-30 USD/month)
 7.8 million OP 2,000 mil. USD
 - National Saving Act 2011 (initiated by SCCT)
 - Long Term Care Program
- 2. Good cooperation among GOs-NGOs-Academias
 - Many members of NGOs are Govt. Officials or Retired Govt. Officials
- 3. Knowledge-based Works

(2005 established Thai Research&Development Institute-NGO President : OP aged 92)